



COVID-19:

Risk assessment for 5Sport Camps – Easter 2021

5Sport Holiday Camps

Approved by: Emily Senior (5Sport)	Date: 03/03/2021
Last reviewed on:	03/03/2021
Next review due by:	03/04/2021



Introduction:

This risk assessment has been prepared, based on the 'Out Of School Setting' guidance updated by the government on 23rd February 2021, to support the childcare sector in returning to full out of school provision from 8th March 2021. This guidance can be found here: [Protective measures for holiday and after-school clubs, and other out-of-school settings during the coronavirus \(COVID-19\) outbreak – GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/protective-measures-for-holiday-and-after-school-clubs-and-other-out-of-school-settings-during-the-coronavirus-covid-19-outbreak)

We, at 5Sport, will regularly check the Government website (GOV.UK) for updates and adjust this risk assessment accordingly in consultation with our governing bodies in which we are a member (The Association for PE and The Childcare Club).

Below are three key questions we have considered in this risk assessment:

- Have we reviewed our risk assessments to ensure the safety and wellbeing of all personnel?
- Does our delivery meet Government guidance? www.gov.uk/coronavirus
- Are our plans consistent with the requirement of the venues expectations, which have been developed in response to the national guidance?

Key principles for supporting safe PE, Sport and Physical Activity include:

- Keeping pupils in consistent groups
- Maximising distancing between pupils
- Prioritising outdoor spaces
- Thoroughly cleaning equipment between each use by different individual groups
- Avoiding contact sports/activities

We at 5Sport ensure scrupulous attention is paid to cleaning and hygiene regimes before and after activities – with particular focus on equipment and the participants/staffs hand-hygiene.



We also ensure clear notices are displayed around our delivery areas, exemplifying NHS and Government Guidance.

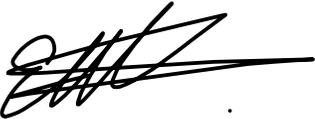
At 5Sport we will regularly check the Government website for updates and adjust this risk assessment accordingly in consultation with external venues.

In addition, due to the constantly changing situation, dynamic risk assessments will be carried out and amended to reflect the venue's specific controls.

CREATING AND MAINTAINING A SAFE CONTEXT FOR LEARNING	WHO AFFECTED? (STUDENT, STAFF, VISITOR)	CONTROL MEASURES TO REDUCE THE RISK TO AN ACCEPTABLE LEVEL	CHECKED BY: (SIGN AND DATE)
Teaching and Learning	Everybody	<p>Pupils will be kept in consistent groups throughout the day.</p> <p>All activities will be planned to ensure that distance is maximised between children and AfPE guidance will be followed for the delivery of Physical Activities For example: Non-contact activities and minimising</p>	<p>E.Senior 03/03/2021</p>  <p>E.Starkie 03/03/2021</p> 

		<p>sharing of equipment in the group activity.</p> <p>The holiday camp timetable has been revised and in this revision, it has been agreed with all coaching staff that the activities set out are included in order to maximise distancing whilst maintaining our ability to promote good physical literacy and health in our provision.</p> <p>Our sports coaches will complete a written covid-19 consent form prior to arriving at the camps to confirm they do not have symptoms of coronavirus.</p>	
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<p>Protective Measures and Hygiene</p>	<p>Everybody</p>	<p>Scrupulous attention will be paid to cleaning and hygiene.</p> <p>Clear signage reminding pupils/staff to wash their hands will be displayed in all areas.</p> <p>Coaching staff will be required to sanitise (carrying their own sanitiser) before and after each activity. The coaching staff will also carry anti-bacterial cleaner to sanitise equipment before/after each different groups use.</p> <p>Pupils will be required to sanitise/wash hands when taking part in a new activity with new equipment and both before/after lunch and break times.</p>	<p>E.Senior 03/03/2021</p>  <p>E.Starkie 03/03/2021</p> 
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		<p>Movement around the building will be considered to limit risks. For example, entry and exit points, staggered break times, lunch arrangements and use of communal areas; i.e. the toilets (communicated with coaching staff).</p>	
<p>Changing areas, clothing and footwear</p>	<p>Everybody</p>	<p>It is required that children attend activities wearing appropriate clothing and footwear to take part in activities to avoid any changing.</p> <p>Hand washing facilities are present in the communal, activity and lunch areas for both staff and pupils.</p> <p>Hand sanitiser will also be made available and utilized</p>	<p>E.Senior 03/03/2021</p>  <p>E.Starkie 03/03/2021</p> 

		<p>in high-touch areas and will be provided by our 5Sport Coaches.</p>	
<p>Teaching areas</p>	<p>Everybody</p>	<p>Outdoor Physical Activity will be encouraged as much as possible however where this is not possible, large surface area spaces such as halls will be used (as in schools) and the space will be well ventilated through doors/windows throughout.</p> <p>Pupils will take part in activities with their appropriate 'bubble group'. 5Sport will work with parents to discover siblings and schools that all pupils attend in order to group them appropriately with those they are consistently around (to minimise mixing).</p>	<p>E.Senior 03/03/2021</p>  <p>E.Starkie – 03/03/2021</p> 

		<p>Pupils will also have lunch/break time in their bubble groups and will have their own Coach per bubble. Bubble sizes have been decided based on the size of the lunch room/activity spaces and government guidance on social distancing at this time. This means there will be no more than 8 per bubble group – with one coach to each bubble.</p>	
<p>Equipment</p>	<p>Everybody</p>	<p>Equipment will be cleaned between bubble groups of pupils using it and locked away when not in use. Multiple groups are not permitted to use the same equipment simultaneously.</p>	<p>E.Senior 03/03/2021</p> 

		<p>The sharing of equipment during sessions will be extremely limited even for those within the same bubble, for example we encourage pupils to use their own badminton racquet or ball when taking part in an activity that uses this equipment. If equipment is shared, pupils will wash their hands thoroughly before and after use.</p> <p>Whistles, drink bottles, bibs and bands will not be shared.</p> <p>First-Aid kits will be made accessible and contain gloves, face masks, aprons and eye protection.</p>	<p>E.Starkie 03/03/2021</p> 
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5Sport is firmly committed to ensuring pupils can participate in purposeful Physical Education, Sport and Physical Activity at this time. Delivery Physical Activities at the moment, will not be like before, or the preferred model. However, by making adaptations we believe meaningful work can be undertaken; good planning, protective measures and social distancing will be applied consistently across our services. We are also committed to ensuring that all staff are protected, feel safe and have access to the most up to date guidance.