



## Covid-19 Guidelines for 5SportCamps

### **1. Capped at 24 Camp Mates Per Day!**

Across our 6000sqft of space at 5Sport PARK, we will have a maximum of 3 different bubbles of 8 participants to every 1 Sports Coach at our camp.

### **2. 'The 5Sport Bubbles'**

Camp mates will be in consistent bubbles when attending the camp. Bubbles will be formed by prioritising same-school groups and households i.e. siblings. (This is to minimise mixing where possible). To help us with this process, we are asking all parents to book on by the Friday prior to that camps start date. E.g. By 22<sup>nd</sup> of March for the Camp beginning 29<sup>th</sup> March. Each bubble will have 1 5Sport coach providing their activities across the week!

### **3. Drop Off/Pick Up**

Parents will be asked to drop off within a certain time slot (each group of 5 will have their own time slot to meet their coach at our 5Sport Park entrance). Your time slot will be sent out to you via email on the Friday before your start day. We will have 15 minutes between each time slot to ensure parents have enough time to drop off/pick up socially distanced.

### **4. Online Consent Forms & Payment**

Consent/medical forms will be sent to parents electronically upon booking onto the camps, as opposed to upon arrival, to ensure minimal time needed to 'register' your child during their drop off time. The same principle applies to payment, which is why we are asking that all parents pay for their child's place online (via Paypal or Credit/Debit card) as opposed to cash on the day.

### **5. Hand Sanitising Stations**

We will have sanitising stations at each of our activity zones, as well as in our lunch zone. Participants will be able to sanitise their hands after each activity and before entering new zones!

### **6. Cleaning**

Coaching staff will clean down their area and equipment pre and post activities to ensure the highest standards of hygiene and cleanliness – as well as following the same hand sanitising protocol as camp mates.

### **7. Awards Ceremony**

Returning camp mates and parents will know that we always invite parents in to watch the final ceremony at each day of our camp – unfortunately due to limiting numbers inside the venue, we will not be able to allow parents to come inside for the ceremony. Awards will be distributed to camp mates via their Bubble Coach at the end of the day!

### **8. Post Camp**

Each evening will include a full deep clean of all zones and equipment upon the final camp mate leaving the premises.



**9. If Your Child (or a member of your household) Is Showing Symptoms**

Government guidelines recommend that if any member of the household showing any symptoms of Coronavirus that they should Stay at home and seek a test. This will mean you should not send your child into camps if any member of the household is showing symptoms.

Final note: Please remember our Camp Mates are at the heart of our camps and we will ensure that the health and safety guidelines in place do not disrupt the high engagement and enjoyment levels that we always continue to strive for at our camps – if anything, our coaches have worked and will continue to work extremely hard to use the guidelines to develop some brand new sessions and activities to engage, excite and develop your young star! 😊

We thank you all for your co-operation and we can't wait for our 5Sport Camps to start this Easter Holiday!

Many thanks,

**Emily Senior**  
**Founder & Head Coach**  
**5Sport**  
**04/03/2021**