



5SPORT EASTER CAMPS - WEEK 1

ACTIVITY TIMETABLE (5SPORT PARK)

'SOCIAL/TEAM WORK' MONDAY

9AM - FOOTBALL

10AM - SLAM BALL

10:50AM - BREAK

11AM - BADMINTON

11:40AM - GAMES ZONE

12:20PM - LUNCH

1:20PM - 5SPORT
AVENGERS ASSEMBLE

2PM -
DODGEBALL/PENDULUM

3PM - BREAK

'PROBLEM SOLVER' TUESDAY

9AM - TCHOUKBALL

9:50AM - FOOTBALL

10:50AM - BREAK

11AM - LACROSSE

11:40AM - GAMES ZONE

12:20PM - LUNCH

1:20PM - CAPTURE THE
CRYSTALS

2:20PM - CRICKET

3PM - BREAK

3:15 - AWARDS CEREMONY

'OPPORTUNITY' WEDNESDAY

9AM - HOCKEY

10AM - QUIDDITCH

10:50AM - BREAK

11AM - TENNIS

11:40AM - FOOTGOLF

12:20PM - LUNCH

1:20PM - ATHLETICS

2PM - BREAK

2:15PM - GAMES ZONE

3:15 - AWARDS CEREMONY

'RESILIENT' THURSDAY

9AM - BASKETBALL

10AM - KIDS CHOICE

10:50AM - BREAK

11AM - TAG-RUGBY

11:40AM - GAMES ZONE

12:20PM - LUNCH

1:20PM - BRAND NEW NINJA
WARRIOR COURSE

2:20PM - BREAK

2:15PM - COACHES
CHALLENGE

3:15 - AWARDS CEREMONY

4 DAYS:

29TH MARCH - 1ST APRIL 2021

BOOK NOW:

5SPORT.CO.UK/HOLIDAYCAMPS

3:15 - AWARDS CEREMONY



5SPORT EASTER CAMPS - WEEK 2

ACTIVITY TIMETABLE (RASTRICK HIGH)



3 DAYS

7TH APRIL - 9TH APRIL 2021

BOOK NOW:

[5SPORT.CO.UK/HOLIDAYCAMPS](https://5sport.co.uk/holidaycamps)

'PROBLEM SOLVER' WEDNESDAY

9AM - DODGEBALL

9:50AM - FOOTBALL

10:50AM - BREAK

11AM - BASKETBALL

11:40AM - CRICKET

12:20PM - LUNCH

1:20PM - 5SPORT
CAPTURE THE CRYSTALS

2PM - BREAK

2:15PM - DANISH LONG-
BALL

3:15 - AWARDS CEREMONY

'RESILIENCE' THURSDAY

9AM - HANDBALL

10AM - EASTER EGG HUNT

10:50AM - BREAK

11AM - LACROSSE

11:40AM - TENNIS

12:20PM - LUNCH

1:20PM - 5SPORT NINJA
WARRIOR COURSE

2:20PM - SLAM BALL

2:50PM - SOFTBALL

3:15 - AWARDS CEREMONY

'TEAM WORK' FRIDAY

9AM - FOOTBALL

10AM - FOOTGOLF

10:50AM - BREAK

11AM - BADMINTON

11:40AM - BENCHBALL

12:20PM - LUNCH

1:20PM - 5SPORT
AVENGERS ASSEMBLE

2PM - TAG-RUGBY

3PM - BREAK

3:15 - AWARDS CEREMONY



5SPORT EASTER CAMPS - WEEK 3

ACTIVITY TIMETABLE (RASTRICK HIGH)

'SOCIAL' MONDAY	'PROBLEM SOLVER' TUESDAY	'OPPORTUNITY' WEDNESDAY	'RESILIENCE' THURSDAY	'TEAM WORK' FRIDAY
9AM - FOOTBALL	9AM - DODGEBALL	9AM - HANDBALL	9AM - BASKETBALL	9AM - 5SPORT AVENGERS ASSEMBLE
10AM - DODGEBALL	10AM - PENDULUM	10AM - KIDS CHOICE	10AM - EASTER EGG HUNT	10:50AM - BREAK
10:50AM - BREAK	10:50AM - BREAK	10:50AM - BREAK	10:50AM - BREAK	11AM - ATHLETICS
11AM - BADMINTON	11AM - ULTIMATE FRISBEE	11AM - LACROSSE	11AM - BADMINTON	11:40AM - HOCKEY
11:40AM - VOLLEYBALL	11:40AM - CRICKET	11:40AM - TENNIS	11:40AM - FOOTGOLF	12:20PM - LUNCH
12:20PM - LUNCH	12:20PM - LUNCH	12:20PM - LUNCH	12:20PM - LUNCH	1:20PM - KIDS CHOICE
1:20PM - MULTI-SKILLS	1:20PM - 5SPORT CAPTURE THE CRYSTALS	1:20PM - QUIDDITCH	1:20PM - 5SPORT NINJA WARRIOR COURSE	2PM - COACHES CHALLENGE
2PM - TAG-RUGBY	2PM - BREAK	2:20PM - SLAM BALL	2:20PM - TAG-RUGBY	3PM - BREAK
3PM - BREAK	2:15PM - DANISH LONG-BALL	2:50PM - SOFTBALL	2:50PM - BENCHBALL	3:15 - AWARDS CEREMONY
3:15 - AWARDS CEREMONY	3:15 - AWARDS CEREMONY	3:15 - AWARDS CEREMONY	3:15 - AWARDS CEREMONY	

5 DAYS
12TH APRIL -
16TH APRIL 2021

BOOK NOW:
5SPORT.CO.UK/
HOLIDAYCAMPS